



sgbdocs.com



Stellate Ganglion Block For PTSD

Stellate Ganglion Block Injections have shown to be an effective treatment for Post-Traumatic Stress Disorder by muting the ganglion nerve which reduces stress signal that are sent to the brain.

We Are Board Certified Injection Specialists

About Us

We are board certified injection specialists practice with two convenient locations in Maryland. Our doctors believe in high quality patient care and dedicated attention to patient concerns.

Comprehensive Care

We provide comprehensive care to help patients identify the causes, symptoms, and best treatment options for their condition. While individuals suffering from PTSD or Trauma may feel limited, their treatment plans do not have to be. In addition to SGB injections offer many new and innovative therapy options available for patients to explore.



www.sgbdocs.com

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(301) 703-5067

 **Maryland Locations**

• Elkridge

• Mount Airy



**RESTORE
YOUR MIND**

What Is A SGB Injection

The SGB procedure involves an injection of an anesthetic into the stellate ganglion nerves located in the neck. This injection blocks the sympathetic nervous systems responses. It rapidly calms the nervous system down, so your body has a chance to heal.

How Does It Help PTSD

SGB treatment targets the stellate ganglion nerves, which are part of the sympathetic nervous system. The injection works by neutralizing the nerves and disrupting signals from being sent to the brain. This effectively turns off the “fight or flight” response and gives the brain a reprieve from the high levels of stress and anxiety so that it can reset.

How To Get Started

If you are interested in learning more or would like to schedule an appointment call our Maryland offices at **(301) 703-8767** to schedule a consultation with our board certified SGB specialists.

Is A Stellate Ganglion Block Right For You?

Is SGB Treatment Right For You?

Have you experienced a traumatic event that you can't seem to overcome? Do you feel like the world is unsafe and that you could be seriously injured or die at any time?

If you answered yes, then you may be a good candidate for Stellate Ganglion Block Treatment.

A Promising New Treatment

The effectiveness of SBG for those with PTSD is becoming increasingly apparent. Experts are finding that this works much faster than other conventional treatment approaches for PTSD.

One study in the British Medical Journal examined fourteen peer-reviewed studies since 1990. These reports described the safety and effectiveness of SGB in successful PTSD treatment. They surveyed behavioral health clinicians with patients who had undergone SGB for PTSD.

These therapists rated the effectiveness of SGB treatment for common PTSD symptoms. The “Arousal/Reactivity” symptom cluster was rated the most improved by 96 percent of the experts. This aligns with other studies previously published addressing the success of SGB treatment. None of these clinicians described SGB for treating PTSD as “Not Helpful” or “Harmful. If you would like to learn more go to SGBDOCS.COM.

Possible Benefits Of SGB Treatment

- ✓ Reduced Symptoms of PTSD
- ✓ Improved Sleep Quality
- ✓ Reduced Stress and Anxiety
- ✓ Better Personal Relationships
- ✓ Reduced symptoms of depression
- ✓ Less irritability (Fight or Flight)



**3.5 percent of adults
in the United States
are affected by PTSD**